



The Mary Potter
Foundation Inc
We Care for All

Instructions for 'Fly Away Birds'

Materials:

Various scraps of cotton fabric (contrasting or matching is fine)

Fibrefill

60cm ribbon (width approx.6mm wide)

Seed beads x 2

Thread/pins/sewing machine/needles

Instructions:

Cut 2 bird body pieces

Cut 4 wings



1. Fold ribbon in half and pin into place where marked on the right side of one body piece
2. Pin both body pieces right sides together, sandwiching ribbon inside the body pieces
3. Starting at the tail, stitch all the way around the bird with a $\frac{1}{4}$ inch seam, finishing at the tail (the end of the tail will be turned under and closed once the body has been stuffed)
4. Clip the curves and then turn to the right side
5. With right sides together, and starting and finishing where indicated on the pattern, sew two wings together. Clip curves and turn right side out. Repeat with other wing.
6. Using fibrefill stuff the bird body and both wings. Be careful not to overstuff. Make sure the stuffing reaches into the beak and head.
7. Fold in the end of the tail and stitch closed by hand using small stitches. Do the same for the wings.
8. Stitch on seed beads for the eyes
9. Hand stitch the wings in place – on the lower body (match up the dot) and also where the wings touch the tail.

You are finished!!!

