



How to stitch a Mylar region in your embroidery design

1. Begin embroidering your design as usual until you reach the 'placement line' for the Mylar region.
2. Stitch a single running stitch to outline the region where you will place the Mylar (i.e. the low-density area of the design where the Mylar will show).
3. Place one piece of Opal Mylar film over the design and use painters tape to hold in place.
4. Stitch the Mylar film down with a single running stitch, outlining the Mylar region.
5. Embroider ALL loose fill stitch elements onto the Mylar film.
6. Before you embroider the finishing stitches, tearaway the Mylar film.
7. Finish the design with a stitch to outline the Mylar area of the design.